

“Do Not Worry”

By Pastor Eric Mann

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Matthew 6:25-34 (CSB)

²⁵ “Therefore I tell you: Don’t worry about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn’t life more than food and the body more than clothing? ²⁶ Consider the birds of the sky: They don’t sow or reap or gather into barns, yet your heavenly Father feeds them. Aren’t you worth more than they? ²⁷ Can any of you add one moment to his life span by worrying? ²⁸ And why do you worry about clothes? Observe how the wildflowers of the field grow: They don’t labor or spin thread. ²⁹ Yet I tell you that not even Solomon in all his splendor was adorned like one of these. ³⁰ If that’s how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won’t he do much more for you—you of little faith? ³¹ So don’t worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ ³² For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. ³³ But seek first the kingdom of God and his righteousness, and all these things will be provided for you. ³⁴ Therefore don’t worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

Jesus addresses our concern over the basic needs in life, and says, “Don’t worry.”

God will take care of our basic needs so that we don’t have to worry, and we can focus on the more important things in life.

Don’t worry about your basic needs. God has that covered so you can spend your life accomplishing the important things God wants you to do.

Matthew 6:19-21

¹⁹ “Don’t store up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal. ²⁰ But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves don’t break in and steal. ²¹ For where your treasure is, there your heart will be also.”

God’s promises for all of our basic and deepest needs are ultimately met in heaven.

The Church is not a building, it is God’s people. God’s Church has not closed. Now, more than ever, we have a responsibility to be a light in our world and serve those around us.